



Dr. Dawn M. Robinson is a Chiropractic Physician specializing in a whole body approach to health that

includes chiropractic, acupuncture and auriculotherapy. She graduated from Logan College of Chiropractic in 1999. She is certified in the Webster Technique. She accepts patients of all ages and is certified in pre-natal chiropractic care for women and care for newborn babies.

How Many Treatments Will I Need

This depends on the nature and severity of your condition. An acute problem may be resolved with as few as one or two treatments, while long-term chronic problems may take several months to heal.

How Much Does It Cost

Initial evaluation and treatment: \$75
Follow-up treatments: \$55

Insurance generally does not cover acupuncture treatments.



Acupuncture Therapy

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What is Acupuncture

Acupuncture is a component of Traditional Chinese Medicine that was developed over 2000 years ago. It works by balancing the meridians, or energy pathways, of the body. When there is a disturbance in the balanced flow of the vital energy called qi (pronounced chee), symptoms and disease result. Inserting very fine needles or electrically stimulating specific points along the meridians helps to bring the body's energy into balance, thereby restoring health.

What Problems Can Acupuncture Treat

According to the World Health Organization, some of the more common conditions treatable by acupuncture include:

- Nervous System & Muscular Disorders: Headaches, migraines, trigeminal neuralgia, partial paralysis following stroke, peripheral neuropathies, Meniere's disease, neurogenic bladder dysfunction, bed wetting, frozen shoulder, tennis elbow, sciatica, low back pain and osteoarthritis.
- Respiratory Problems: Common cold, acute sinusitis, tonsillitis, rhinitis and bronchitis, as well as uncomplicated bronchial asthma.
- Gastrointestinal Disorders: Gastritis, gastric hyperacidity, duodenal ulcers, colitis, constipation and diarrhea.

- Eye Disorders: Acute conjunctivitis, nearsightedness in children and uncomplicated cataracts.
- Mouth Problems: Toothache, gingivitis, and post-extraction pain.
- Neck pain, joint pain, and tendonitis.

Other Conditions that Respond to Acupuncture

- Chronic Fatigue Syndrome
- Depression
- Facial Rejuvenation
- Fibromyalgia
- Infertility and Menopause
- Irritable Bowel Syndrome
- Sprains and Strains

How Does Acupuncture Work

Although we do not yet fully understand how acupuncture works, the most current research shows that needles applied to specific acupoints decrease the flow of blood to areas of the brain that process pain, and affect mood and cravings.

Research also shows that acupuncture boosts the levels of endorphins, the body's natural opiates. This explains acupuncture's remarkable success with pain control. Acupuncture has also been shown to increase the brain chemical serotonin, which affects our feelings of well-being.

Does Acupuncture Hurt

Generally the answer is no. Sensations may vary from person to person, visit to visit, and point to point. Sometimes there is no sensation at all. Sometimes there is a feeling of heaviness, a dull aching, or a throbbing sensation. Sometimes there is a sting that quickly goes away or a warm, tingling sensation along the course of the meridian.

Is Acupuncture Safe

Yes, acupuncture is very safe. Dr. Robinson uses sterilized, individually packaged and disposable stainless steel needles. Each needle is used only once, thereby eliminating the possibility of contamination.

Patient Testimonial

"Acupuncture has definitely changed my life for the better! Neuropathy in my legs had consumed me with pain. After only three treatments my pain was decreased to a manageable level. I was apprehensive about the needles, but found them to be painless. I would recommend acupuncture therapy to anyone suffering from chronic pain."

- Carol R.